

Swim

4

Léman hope



SWIM AND PUSH YOUR
LIMITS TO SUPPORT YOUNG
PEOPLE IN RECOVERY
FROM CANCER

A UNIQUE OPPORTUNITY TO ENHANCE YOUR COMPANY'S POSITIVE IMPACT

Join your team for a one-of-a-kind **team-building experience** in an extraordinary setting while supporting a noble cause. Over **50 companies** have already chosen to embark on this inspiring adventure!

Swim 4

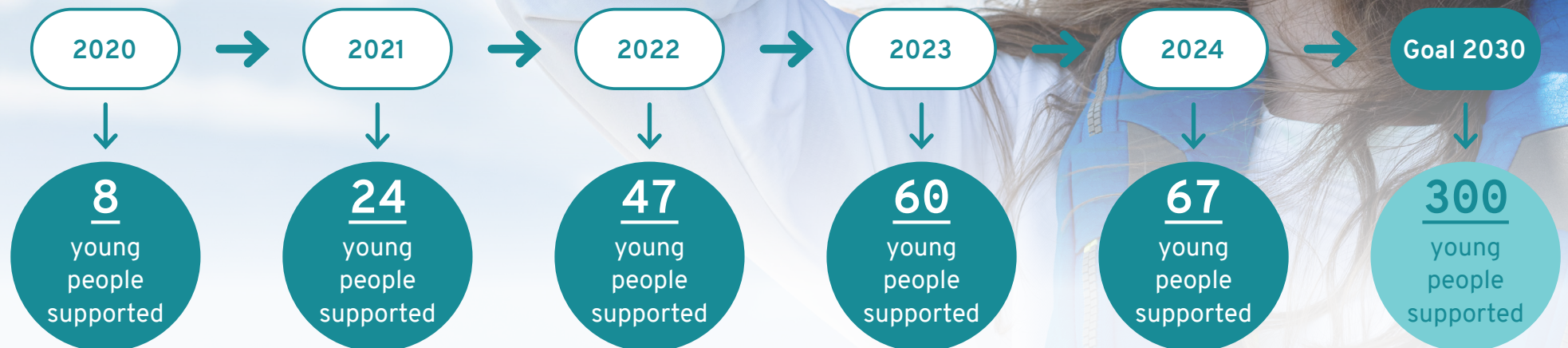
Léman
hope

OUR MISSION

Since 2022, Swim4Lémanhope has been raising funds to provide young cancer survivors with transformational five-day Léman hope sailing experiences, empowering them to rebuild self-confidence through sailing.

By participating in this event, you help change a young person's life through a Léman hope sailing journey.

Léman hope year after year



Léman
hope

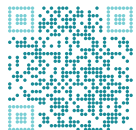


207

spots offered
aboard Léman hope
sailing trips since
2020!

7'000

young people have
been diagnosed
with cancer
in Switzerland and
are now in remission
or cured.



LÉMAN HOPE

Every year, approximately **350 new cases of cancer in young people are recorded in Switzerland.** Despite medical advances that help more young people overcome this disease, **only 3% recover without lasting effects, and life rarely returns to its "normal" course.**

The Léman hope Foundation uses sailing as a therapeutic tool, offering young cancer survivors a unique experience to regain confidence. Over five days and four nights aboard a sailboat on Lake Geneva, they reconnect with themselves and life.

Swim4Lémanhope contributes to this solidarity effort by directly supporting this adventure.



GUILLAUME'S STORY

Several days after his return home, Guillaume was still mentally aboard the boat. So many emotions and wonderful memories! He kept telling us about his life on board, the stops, and anecdotes. He had rediscovered his smile.

Guillaume's mother



WHAT IS THE POSITIVE IMPACT FOR YOUR COMPANY?



Federate

Unite your team by combining solidarity and collaboration



Inspire

Inspire a sense of pride and belonging



Value

Enhance your company's image as a socially responsible organization



HOW TO PARTICIPATE?

1 Choose Your Challenge

Opt for one or more stages ranging from 5 km to 10 km.

2 Form Your Team

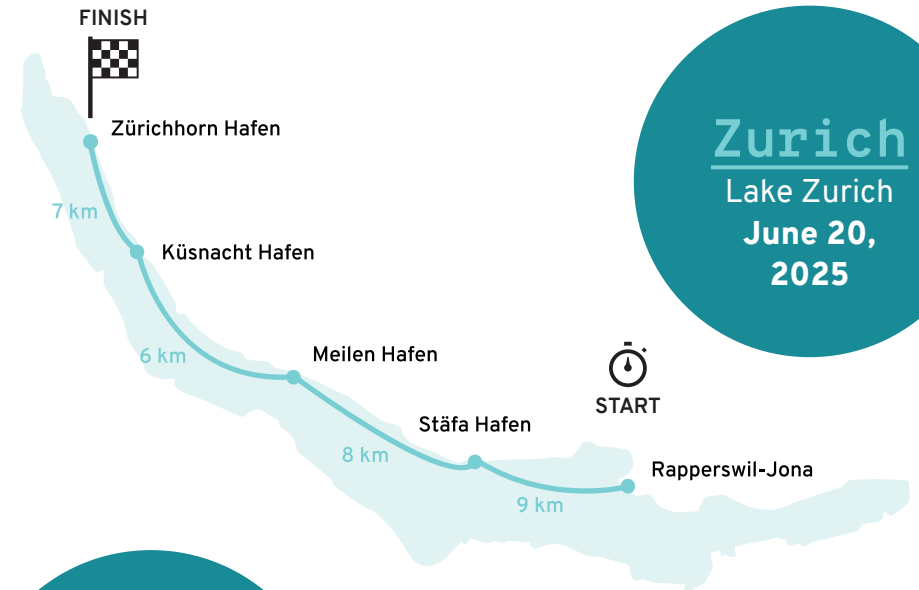
Bring together one or more teams of 4 to 9 swimmers within your company.
All swimming levels are welcome!

3 Raise Funds

Share your commitment by mobilizing your employees on our fundraising platform. Highlight your company's social engagement on social media.

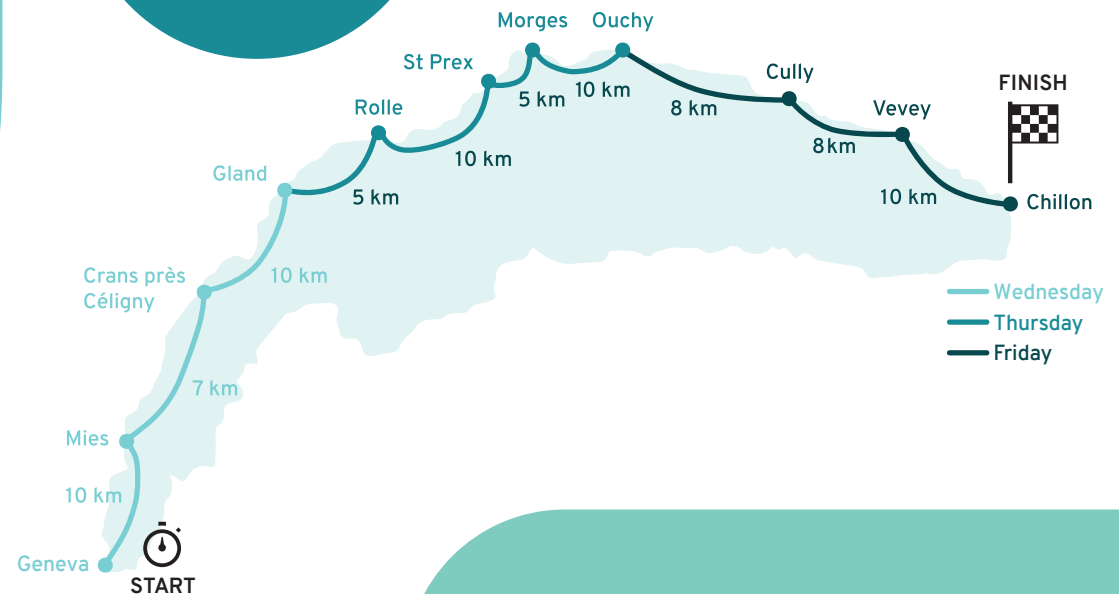
4 Prepare for the Challenge

Strengthen team cohesion through training sessions.



Geneva

Lake Geneva
August 27-29, 2025

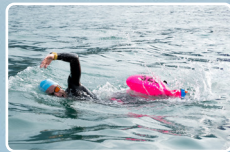


RELAY ORGANIZATION



Discover
the 2024
Video

Every swimmer, regardless of skill level, sets a personal goal: swim in the lake for the first time, complete a distance between 500 m and 3 km, or aim for their personal best.



Swimmers are equipped with visible floatation devices (provided by the event).

Each team, guided by a Léman hope skipper and a host, has its own sailboat, providing a space for rest and preparation before diving into the water.



Each swimmer is constantly accompanied by a kayaker or paddler for optimal safety.



The race management ensures the smooth running of the event and safety from their safety boat.

CHOOSE YOUR TAILORED CHALLENGE!

1 relay

4 to 9 swimmers*

Between
5 to 10 km

entry fee:
CHF 5'000.-
tax deductible



Fundraising



2 relays

8 to 18 swimmers

Between
14 to 20 km

entry fee:
CHF 8'000.-
tax deductible



CHF 2'000.-
Team
Fundraising
Goal



1 day

16 to 32 swimmers

Between
25 to 35 km

entry fee :
CHF 12'000.-
tax deductible
⚠ limited spots



CHF 3'000.-
Team
Fundraising
Goal



3 days

Minimum 30 swimmers

83 km

entry fee :
CHF 15'000.-
tax deductible
⚠ limited spots



CHF 10'000.-
Team
Fundraising
Goal



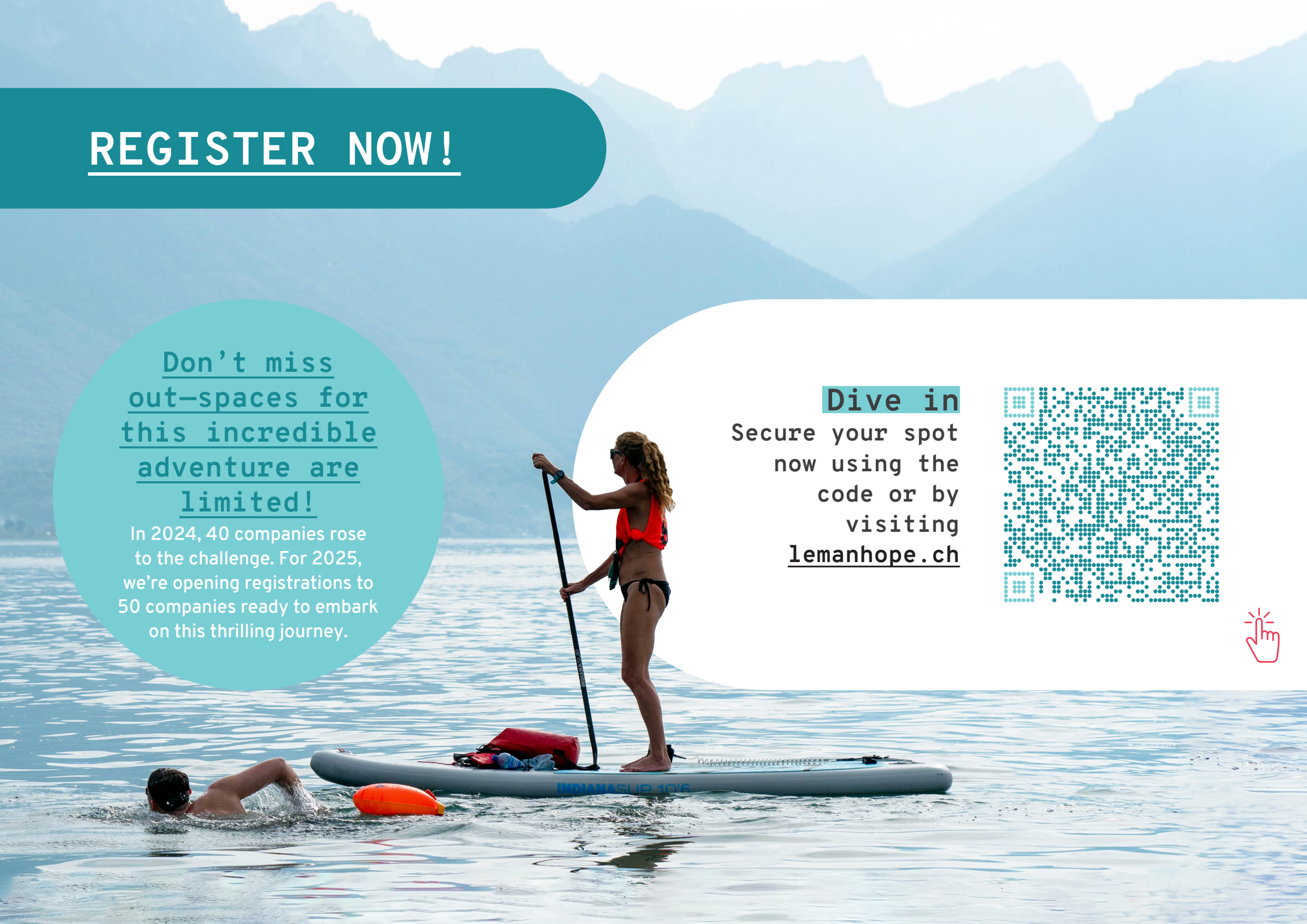
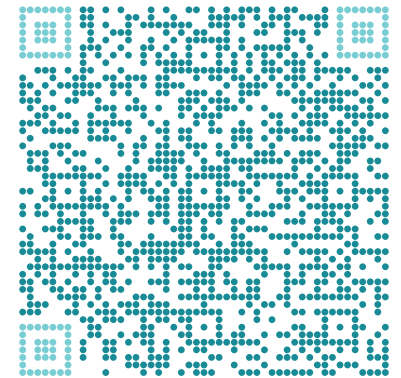
DOUBLE MATCH some companies double their team's fundraising efforts, doubling the support for the children while enhancing employee engagement and reinforcing their brand image.

REGISTER NOW!

**Don't miss
out-spaces for
this incredible
adventure are
limited!**

In 2024, 40 companies rose to the challenge. For 2025, we're opening registrations to 50 companies ready to embark on this thrilling journey.

Dive in
Secure your spot
now using the
code or by
visiting
lemanhope.ch



INCLUDED SERVICES

Explore the services that make this event a truly **unforgettable experience** for your company and employees!



Professional safety

Enhanced safety and individual assistance throughout the event.

Accompanying boats

Navigate on sailboats under the guidance of Léman hope skippers and teams.

Real-time swimming data

Swimmers are informed of their efforts and performance during the event.

Post-event celebration

Enjoy champagne and hors d'oeuvres upon your arrival.

Custom swimmer pack

Receive a high-quality microfiber towel and cap in Léman hope Foundation colors.

Onboard refreshments

Enjoy fresh fruit, salty and sweet snacks, hot and cold drinks during the relay.

Team photo

Each team receives a souvenir photo.

Training sessions

Access Meet & Tips sessions from May to August.






REWARD FOR THE TOP FUNDRAISER

A flight aboard the giant of Lake Geneva, the famous TF35, offered by **Realteam Spirit**, will be awarded at the closing ceremony.



TESTIMONIALS FROM PARTICIPATING TEAMS



 **BARCLAYS** *Sébastien Torres, Barclays Switzerland*
75 colleagues from 8 countries gathered to take on this sporty and purpose orientated adventure.

83 KM - FROM GENEVA TO CHILLON



RDR | architectes

Caroline Illobre, RDR architectes

The desire to support this cause allowed us to overcome fears about swimming in the lake for the first time. A **unique experience!**
See you next year

10 KM - FROM VEVEY TO OUCHY



 **NESPRESSO** *Philipp Navratil, CEO Nestlé Nespresso*

I'm inspired by our employees **pushing their limits** and channeling their passion beyond the workplace to support meaningful causes

26 KM - FROM OUCHY TO CHILLON





Léman hope

370

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THEY TOOK ON THE CHALLENGE



CONTACT

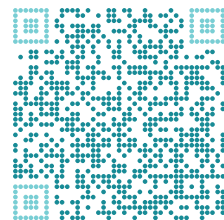
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Fundraising Platform



→ lemanhope.ch/swim4hope

